



# Journey to Success

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HAMILTON COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD  
2010 Annual Meeting & Awards Presentation



**[Success means] that I'm not the same person  
closed up in that house with the blinds pulled all  
tight, not answering the phone, not changing  
clothes half the time, not doing anything.**

**— Barbara**



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## Journey to Success: Progress

MHR SB's definition of success is to fulfill its mission "to develop and manage a system of high quality, cost effective, alcohol, other drug, and mental health services responsive to individual needs and differences". Fulfilling this mission is a never ending journey, a constant striving for better client outcomes, more efficient practices, and assisting more clients in achieving their personal success.



**Thomas L. Gabelman**  
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Board of Trustees

More than 23,000 clients received treatment in the MHR SB system last year, and thousands more received emergency and prevention services. Of those served, over 5000 youths and their families were served by means of traditional treatment as well as innovative programs. In addition, the MHR SB partners with other systems of care (e.g., Job and Family Services, adult and juvenile criminal justice, public education, developmental disabilities services, housing, social services and physical health entities)



**Patrick Tribbe**  
President/CEO

to collaboratively meet the behavioral health needs of individuals and their families.

In November 2009, the MHR SB working with community partners was successful in gaining support from the citizens of Hamilton County for the Family Services and Treatment Levy. Hamilton County voters

approved a five year \$37.3 million levy to fund several programs which had previously received funding from the former Drake Levy. The new levy funding supports the ADAPT Drug Court Program, as well as two additional programs, the Coalition for a Drug-Free Greater Cincinnati, which will support additional neighborhood coalitions, and the Off the Streets program which assists women involved in prostitution in moving towards community reintegration and safe recovery.

Enhancing quality of life and reducing symptoms continue to be a primary focus of the MHR SB system. This past year the MHR SB underscored its strong commitment to successful living through administration of the first Outcomes Performance Improvement Program; a nationally recognized incentive program enacted to encourage the use of the most efficacious treatment practices within our community of provider agencies. Incentives are based upon the direct measurement of improvements achieved in areas considered most critical to an individual's recovery.

In late 2009, the MHR SB was awarded a \$9 million federal grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to assist transitional age youth (ages 14-21) with serious emotional disturbances to more successfully move from child-serving to adult-serving agencies. Titled "Journey to Successful Living" (JOURNEY), this six year grant supports the development of programs and community-based services to be accessed by transitional age youth and their families. JOURNEY is built upon an existing partnership

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**Patrick Fischer**



**Constance Fox, MD**

with Job and Family Services, Juvenile Court, Developmental Disabilities Services, and Cincinnati Public Schools—all working with youths and families to create successful outcomes.

This year the IMPACT and FAP programs were successfully restructured into a single integrated behavioral health project called Family Access to Integrated Recovery (FAIR). Working together with Job and Family Services, the Alcoholism Council, and the Mental Health Access Point (MHAP), FAIR was established to provide a single point of access for behavioral health screening, assessment, and linkage for families with mental health and/or substance use disorders who are also involved in the child welfare system.

As a result of MHRSB's ongoing collaboration with the Criminal Justice System, the Mental Health Court for felony offenders began in October 2009. The successful implementation of the Court was the result of a year of coordinated efforts among the MHRSB and its provider agencies, Pre-trial services, the Sheriff's office, and the Common Pleas Court. These groups have committed to work together to assist felony offenders with a severe mental illness in navigating through the justice system. The pre-existing Mental Health Court will continue to work with misdemeanor offenders.

The MHRSB continued work begun in 2008 with The Suboxone Planning Workgroup. The Workgroup conducted several planning activities, including a clinician forum, patient and family focus groups, and site visits to other programs using Suboxone. The work group

developed a plan that includes medication assisted treatment for opioid addicted persons and support for their families. The program is designed for indigent patients receiving services in the public system who cannot afford medication. It is not intended to replace abstinence as the goal of treatment. The workgroup issued its final report to the Health Foundation in early 2010.

Last September, the Recovery Center of Hamilton County hosted a 75 hour Peer Employment Training program conducted by Recovery Innovations, a national leader in peer training. Nine clients participated in the training and all of them passed the exam to become the first competency based Certified Peer Specialists (CPS) in Ohio. In addition to providing peer services at the various peer centers in Hamilton County, the CPSs are consultants for the Ohio Coordinating Centers of Excellence. The CPSs also facilitate peer support groups and Wellness Management and Recovery classes at Summit Behavioral Healthcare, and assist with the police Crisis Intervention Training (CIT) program.

While the MHRSB's journey to success is about planning and partnerships and performance, ultimate success is about assisting those impacted by mental illness and addiction with achieving and maintaining their own personal success. The MHRSB is grateful to the provider agencies, professionals, clients, families, and volunteers who work together to create a successful system of care. MHRSB also thanks the citizens of Hamilton County for their continued commitment and support of the MHRSB and its services.



Carol Gibbs



Sharon K. Keefer



C. Michael Lemon



Barbara McManus



Mary Oden, PhD



Gary E. Powell

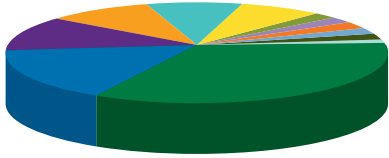


James Slattery, Jr.



Jonathan L. Steinberg, PhD

### MH Services



- Community Psychiatric Supportive Treatment — 37%
- Counseling — 17%
- Residential Treatment & Housing — 11%
- Pharmacological Management — 9%
- Partial Hospitalization — 8%
- Psychiatric Interview/Assessment/Evaluations — 7%
- Other Mental Health — 2%
- Crisis Intervention — 2%
- Prevention & Education — 2%
- In-patient Hospitalization — 2%
- Employment & Vocational — 2%
- Consumer Operated & Peer Support — 1%

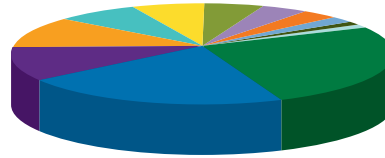
Recovery means being able to do things that I did before. I'm back to myself like I was before, and I like that.

— Karen

I really feel young on the inside again.

— Barbara

### AOD Services



- Residential Treatment — 27%
- Counseling — 23%
- Prevention — 11%
- Intensive Outpatient — 10%
- Case Management — 7%
- Assessment — 6%
- Other Services — 5%
- Community Services — 4%
- Detoxification — 3%
- Medical Somatic — 2%
- Dip Screens/Lab Urinalysis — 1%
- Methadone Administration — 1%

### Total Revenue — \$110,182,030

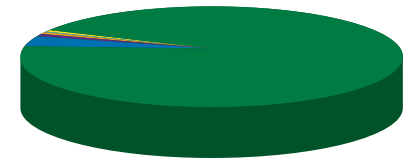


- All Other MH Revenue — 47.1%
- Mental Health Levy — 35.3%
- All Other AOD Revenue — 13.8%
- HHIC AOD Revenue — 2.6%
- Drake AOD Services Levy — 1.2%

Art is always a process, and I think healing is a process. When the two can be carried out together, I think we're all taking great strides toward wellness.

— Kurt

### Total Expenditures — \$113,292,691



- Agency Provider Contracts — 94.7%
- Salaries, Benefits & Taxes — 3.1%
- Building Management SAMAD — .9%
- Operating Expenses — .6%
- Auditor & Treasurer Fees — .4%
- Capital Expenditures — .3%

## Provider Agencies

Alcoholism Council of the Cincinnati Area  
*NCADD*

Beech Acres Parenting Center

Camelot Community Care

Catholic Charities Southwestern Ohio

Center for Chemical Addictions Treatment  
*CCAT*

Central Clinic

Central Community Health Board  
*CCHB*

The Children's Home of Cincinnati

Cincinnati Children's Hospital Medical Center

Coalition for a Drug-Free Greater Cincinnati

Cornell Abraxas Group

The Counseling Source

Court Clinic

The Crossroads Center

The Drop Inn Center

Excel Development Corporation

Family Service of the Cincinnati Area

First Step Home

Foundations for Living

Free Store/Food Bank

G.L.A.D. House

Greater Cincinnati Behavioral Health Services

Hamilton Choices

Hamilton County Adult Probation

Hamilton County Family & Children First Council

Hamilton County Juvenile Court

Hamilton County Pre-Trial and Community Transition Services

Hamilton County Sheriff's Department

Health Resource Center of Cincinnati

IKRON Rehabilitation Center

Lighthouse Youth Services

Mallory Center for Community Development

Mental Health Access Point

Mental Health Association of Southwest Ohio

Multi County System Agencies

Pressley Ridge

Prospect House

Psychiatric Professional Services, Inc.

Salvation Army

St. Aloysius Orphanage

St. Joseph Orphanage

Sojourner Recovery Services

Specialized Alternatives for Family and Youth of America

Talbert House

Tender Mercies

UMADAOP of Cincinnati, Inc.  
*United Minority Alcoholism and Drug Abuse Outreach Program*

Wyoming Youth Services Bureau

The logo is a light green graphic on a green background. It features a stylized human figure on the left, a house icon at the bottom, and a building with a dome and a flag on top. To the right of the graphic, the text "Hamilton County Mental Health and Recovery Services Board" is written in a light green, sans-serif font, arranged in five lines.

Hamilton County  
Mental  
Health and  
Recovery  
Services  
Board