

## HAMILTON COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD

### Minutes of the Board of Trustees

Virtual GoToMeeting  
Thursday, May 20, 2021

#### I. Call to Order:

A. The regular meeting of the Board of Trustees was called to order (Gabelman) at 8:30 a.m.

B. Virtual Meeting Information:

Consistent with Am. Sub. H.B. 197 and H.B. 404, this meeting was held virtually; providers and public can access virtual Board meetings through the HCMHR SB Facebook page located at: <https://www.facebook.com/HCMHR SB/>.

Providers and public can submit questions/comments after the meeting to Denise Garrett at [deniseg@hcmhrsb.org](mailto:deniseg@hcmhrsb.org).

#### II. Attendance:

A. Board Members Present: Thomas Gabelman (Chair); Judge John O'Connor (Vice-Chair); Mary Ellen Malas (Secretary); Matthew Curoe; Gwen DiMeo; Patrick Garry; Regina Moore; Mary Oden, Ph.D.; Jonathan Steinberg, Ph.D.; Christine Wilder, M.D.; Ashlee Young

B. Board Members Absent: Gary Powell (Exc.)

C. Staff Members Present: Patrick Tribbe; Erik Stewart, Ph.D.; Anna Dowell; Linda Gallagher; Denise Garrett; LaNora Godfrey; Jenny Heizman; Renee Kopache; Ann Kuhn

#### III. Approval of Minutes:

A. A motion was made (Steinberg) to approve the minutes of the April 15, 2021 Board of Trustees meeting.

**Motion Approved**

#### IV. Education Report:

Mark Davis provided a presentation on the biological/brain disease model of addiction and mental illness and the impact it can have on different audiences. Studies have shown that different audiences (i.e., those who are ill and their family members as opposed to the public and policy makers) respond in different ways to educational efforts based upon whether the message emphasizes the biological aspects of the illness versus the psychological aspects of the illness.

## **V. President's Report:**

### **A. American Rescue Plan (ARP)**

As part of the federal American Rescue Plan (ARP), Hamilton County is expected to receive \$158 million in relief funds. The county has set aside \$8 million for Mental Health and Substance Abuse services which would be distributed over several years. MHRSB is currently working with provider agencies to determine COVID-related funding needs.

Housing is also part of the ARP and is in addition to the \$8 million. It is hoped that this category will include funding for housing mental health clients and to fund recovery housing for substance use clients.

The county is interested in expansion of some front-end mental health services, specifically expansion of the Mobile Crisis Team. The need for crisis services has increased in general and law enforcement has recognized the usefulness of mobile crisis services in their work. MHRSB is exploring the use of ARP funding to achieve the expansion of these services.

### **B. State Budget**

A member of the Ohio House of Representatives has submitted language in the budget bill that would change the membership structure of ADAMH boards. The language could potentially reduce the total number of board members and eliminate the qualification requirements for board members. The language is currently under review in the Senate. NAMI and other statewide organizations have expressed their opposition to this proposed language. An update should be available in early June.

### **C. May - Mental Health Awareness Month**

HCMHRSB funds and partners with many agencies who are dedicated to helping individuals and families who may need mental health assistance. Some of these include Central Clinic MHAP which is available 24/7 for information, assessment and connection to treatment. Talbert House 281-CARE is available 24/7. The National Alliance on Mental Illness has two NAMI chapters in Hamilton County; NAMI of SW Ohio and NAMI-Urban Greater Cincinnati Network on Mental Illness that both provide family resources and support. Mental Health America offers Mental Health First Aid for both adults and youth. University of Cincinnati Medical Center provides mobile crisis services, and the HCMHRSB website and Resource Guide provide a full listing of Mental Health and SUD providers and the services they offer.

### **D. Naloxone Distribution**

Earlier this month, OhioMHAS in collaboration with Recovery Ohio and the Ohio Dept of Health, announced a targeted distribution of the life-saving overdose reversal drug Naloxone to communities in Ohio experiencing the highest rates of

mortality from unintentional opioid overdoses. Twenty-three ADAMH Boards in Ohio will receive Naloxone (also known as Narcan). Talbert House received over 1,000 units of Naloxone on behalf of Hamilton County and serves as the primary Naloxone kit distribution center for the County. Since 2019 Talbert House has received close to 20,000 doses and has provided training throughout the community over the past several years on their use. In addition to the Naloxone, Hamilton County will receive six NaloxBoxes containing Naloxone kits to be placed in zip codes with the highest OD deaths.

## **VI. Finance Committee:**

### **A. April 2021 Financial Statements**

Anna Dowell reviewed line items for the period.

Revenue: State General Revenue Funds increased by \$1.1M. Block Grant (BG) Funds increased by \$1.7M.

Expenses: Agency provider contract payments totaled \$5M in payments to agencies during the month of April; \$4.4M (88%) were for CY 2021 and \$584K (12%) were for CY 2020.

### **B. Action Items**

#### **1. Hope Services Managed by HCDJFS Redistribution**

The Multi-County Systems Agency (MCSA) is a collaboration of Hamilton County entities including the Department of Job and Family Services (JFS), Juvenile Court (JC), Developmental Disabilities Services (DDS), and the Mental Health and Recovery Services Board (MHRSB). The MCSA coordinates efforts to better serve youth and families with complex needs and has historically contracted with a lead Care Coordination Agency (CCA) to develop, manage, and pay for their services. JFS is the fiscal agent for the out-of-home care services for this project.

The Finance Committee recommends the Board of Trustees approve an increase of \$14,193.14 for HOPE Services Managed by JFS for CY 2020.

**Motion Approved**

#### **2. Withdrawal Management Funds**

HCMHRSB has received \$231,600 in additional substance use disorder (SUD) funding for SFY 2021 from OhioMHAS to support withdrawal management services.

The Finance Committee recommends the Board of Trustees approve an increase of \$38,179 to Central Community Health Board (CCHB), \$162,825 to The Crossroads Center and \$30,596 to UMADAOP totaling \$231,600 to be used for withdrawal management and related treatment services through June 2021.

**Motion Approved**

**VII. Building Committee:** Deferred until June 17, 2021 Board Meeting.

**VIII. Other:**

A. There being no other business, the meeting was adjourned.

Respectfully submitted,

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Thomas Gabelman  
Chair

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Judge John O'Connor  
Vice-Chair