

What is JOURNEY to Successful Living?

“JOURNEY to Successful Living is a program where youth and young adults with emotional and behavioral challenges and their families are working as partners with agencies and organizations to help them be successful at home, school, in the community and throughout life.”

JOURNEY’S core values are based in belief that services for transition-age youth and their families are:

Youth-Driven

Youth will have peer support, education, treatment, coaching and opportunity for their voice to be heard.

Family-Guided

Families have a guiding role in the decisions of their transition-aged youth, especially on the youth reaching the age of 18.

Culturally and Linguistically Competent

JOURNEY will promote understanding and appreciation of the differences in individuals and families.

JOURNEY’S System of Care Partners

- Hamilton County Mental Health and Recovery Services Board
- Hamilton County Job and Family Services
- Hamilton County Developmental Disability Services
- Hamilton County Juvenile Court
- Cincinnati Public Schools

JOURNEY to Successful Living

Hamilton County Mental Health and Recovery Services Board

2350 Auburn Avenue
Cincinnati, Ohio 45219

513-946-8600

<http://hcmhrsb.org/journey/index.htm>

To make a Referral or Get Information about Services

Contact Mental Health Access Point (MHAP)

513-558-8888

For all Other Inquiries Call

513-946-8600



JOURNEY to Successful Living



JOURNEY to Successful Living will engage community partners, youth, young adults, and families to:

- Support youth and young adults with mental health challenges in transition to adult services;
- Promote youth and young adult voice and choice;
- Coordinate and deliver services that meet the individual needs and differences of youth and young adults, and their identified families.

JOURNEY provides:

- An array of services and supports that meet mental health needs of youth;
- Youth and family advocacy, education and peer support services;
- Opportunity to participate in planning and development of JOURNEY system of care;
- Assistance in making the transition from child to adult services.
- A service array that includes but is not limited to:
 - Case Management
 - Crisis/Emergency Services
 - Diagnostic Assessment
 - Housing options including Respite
 - Vocational and Employment Support

*Culturally and
Linguistically Competent*

Eligibility Criteria

- Must be between ages 14-21 years old and a Hamilton County resident;
- Limited functioning in the family, school or community;
- Mental health diagnosis; and
- At risk for involvement with other systems, such as child welfare, juvenile or adult criminal systems.



*“My experience so far with
JOURNEY is making me
a better person.”*

Family-Guided

*“JOURNEY has given me
a sense of family...It has
given me empowerment,
a sense of purpose and
helps me advocate to
youth that we are more
than just a statistic.”*

Youth Age-17



Opportunities for Youth Involvement and Family Support:

Youth Action Council
Youth Engagement Coordinator
558-8888

Family Support Group
Lead Family Contact
558-8888



Youth-Driven

*“I don’t want
to be in the
shadow, I
want to be
out there.”*

-YAC member, age 18

