



Recovery is a self-directed process through which individuals improve their health and wellness. There are many pathways to mental health and/or addiction recovery; and individual goals, needs, strengths, supports, and values influence the path they choose. Hamilton County is proud of its partnerships with its provider agencies that allow for individual pathways by funding numerous projects and programs with diverse settings and recovery opportunities so that each client has access to the services, supports, and resources that match their specific needs and goals and supports them on their journey.

# PATHWAYS TO RECOVERY

2019 ANNUAL REPORT



# PATHWAYS TO RECOVERY



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**Patrick Tribbe**  
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A vital first step in one's recovery journey begins with an understanding and acceptance of their disease while acknowledging a need for help. Therefore, immediate access to treatment is paramount. To this end, HCMHRSB partnered with Talbert House to open the Engagement Center, a 20-bed residential triage unit for individuals struggling with opiate addiction. The Center focuses on engagement in treatment services and discharge planning for successful long-term recovery. The Center provides 24-hour nursing availability, peer support, case management, and medication for withdrawal management. Since its opening in May 2018, over 500 individuals have completed the program with an average length of stay of 6 days. HCMHRSB was able to support expanding the program from 16 to 20 beds and continue this successful service with \$750,000 in funding from the State Opiate Response (SOR) grant.

Last year, grant funding from multiple sources proved vital in maintaining and expanding numerous programs and activities necessary for addiction recovery. HCMHRSB procured more than \$650,000 in 21st Century CURES grant funding from OhioMHAS for the distribution of Narcan kits. As of April 30, 2019, over 8000 kits have been purchased to be distributed to local agencies, Quick Response teams (QRTs), families, and individuals. Using \$450,000 in SOR (State Opiate Response) grant funding from OhioMHAS, HCMHRSB was able to expand housing and recovery supports at Talbert House and First Step Home for those in early recovery from an opiate disorder.

For mental health recovery HCMHRSB was awarded \$496,509 from OhioMHAS for the Mental Health Prison Reentry Program to assist individuals with severe mental illness in returning to their

communities from the prison system. HCMHRSB again received federal PATH grant funding to provide outreach to individuals with a serious mental illness who are living on the streets or places not meant for habitation. This funding was used to expand PATH housing services including permanent supportive housing and elimination of housing barriers.

HCMHRSB also received a number of grants aimed at reducing the rate of youth suicide in the community. With funding from OhioMHAS, HCMHRSB was able to double the number of crisis beds and related services at St. Joseph's orphanage with the aim of diverting children from local hospital emergency rooms while providing support and stabilization to the family. OhioMHAS grant funding also supported HCMHRSB's collaboration with Mind Peace and Cincinnati Children's Hospital Medical Center to provide training to over 178 school personnel and behavioral health professionals on the Columbia Suicide Severity Rating Scale and Crisis Management/Safety Planning protocols and tools. Participants were able to enhance their skills in suicide screening, risk assessment, and safety planning. Finally, a Collaborative Program Development Grant facilitated HCMHRSB's partnership with Talbert House to promote a local crisis text line with college students at the College of Mt. St. Joseph.

Partnerships and collaborations are vital in creating pathways to Recovery. An important partner in fighting the opiate epidemic, the Hamilton County Heroin Coalition (HCHC) continues to support coalition members including the work of Prevention First in increasing public awareness through eighteen community forums reaching 900 individuals, Public Health for its distribution of Narcan, HCMHRSB for expanding treatment access to 7 days per week and opening of the Engagement Center, and the Coalition

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for its involvement in increasing availability of data to better understand the opioid crisis in the community. The Coalition also played a key role in the development of the countywide QRT. Implemented in 2018, the team now responds to all areas of the county utilizing overdose data to direct the efforts of the team. The team operates two days a week, one day from the Amberly Village Police Department and one day from the Delhi Police Department.

HCMHR SB has partnered with both Juvenile Justice and the adult criminal justice systems to assist individuals who occasionally find themselves on the other side of the law as a result of behavior caused by their disease. Felony Mental Health Court celebrated 10 years this year and has graduated close to 130 individuals with an outcome of less than 5% post-graduation recidivism. It takes a team of committed individuals working collaboratively to make this program so successful.

The HCMHR SB joined with the Hamilton County Commissioners and retired Chief Justice Evelyn Stratton in accepting the Stepping Up Call to Action. Stepping Up is a national initiative to reduce the number of people with mental illnesses in jails. HCMHR SB's expertise and best practices are vital to the success of the Stepping Up Collaborative by way of its accomplishments through enduring partnerships with a diverse team of leaders and decision makers in criminal justice and law enforcement including Pre-Trial Services, Adult Probation, Public Defender's office, Prosecutor's office, Specialty Court Dockets, Sheriff's Department, and other local law enforcement agencies and Judges.

HCMHR SB's JOURNEY to Successful Living project celebrated 10 years of creating recovery pathways for transition aged youth and their families. Over

the past ten years, JOURNEY has served well over 1,000 youth and their families in supporting youth with serious emotional and behavioral challenges as they navigate their recovery paths. Greater Cincinnati Behavioral Health, St. Joseph's Orphanage, Beech Acres Parenting Center, Lighthouse Youth and Family Services, Talbert House, and Hamilton County Job and Family Services have been tremendous partners in this successful program.

Through its use of outcomes data from the Ohio Consumer Outcomes effort and the Brief Addiction Monitor, HCMHR SB ensures that all clients have a strong voice in the design of their treatment and in monitoring of their progress throughout recovery. This data works like a compass by providing direction and regular feedback on progress as it occurs. Outcome measures also provide the public behavioral health system and each individual provider agency with real-time observations on their effectiveness as they strive to achieve the cumulative goal of returning each individual to full health.

While we accomplished much over the last year, we continue to develop and implement new strategies and refine current practices to meet our commitment of providing a continuum of mental health, addiction, prevention, and supportive services that have a positive impact on the community, are accessible, results oriented, and responsive to individual and family needs. We are proud of all the programs and activities that support individuals in our community on their individual path to recovery and leading productive, satisfactory lives characterized by hope, empowerment, and a meaningful role in society. None of this would be possible without the valued support from Board members, volunteers, employees, and citizens of Hamilton County.



Mary Oden, PhD



Darlene Peek



Gary E. Powell



Jonathan L. Steinberg, PhD

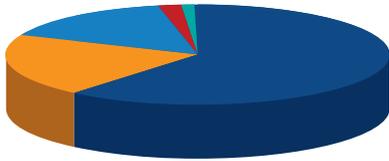


Christine Wilder, MD



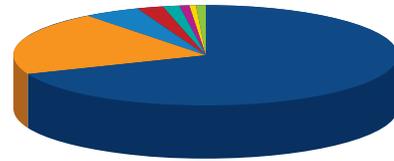
Ashlee Young

## Total Revenue — \$57,238,059



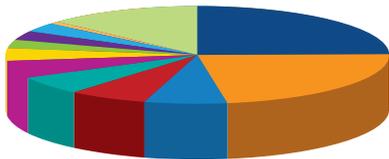
- Mental Health Levy — 61.3%
- All Other AOD Revenue — 20.2%
- All Other MH Revenue — 15.5%
- HHIC AOD Services Levy — 1.9%
- Family Services & Treatment AOD Services Levy — 1.2%

## Total Expenditures — \$58,214,362



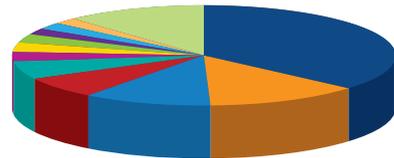
- Agency Provider Contracts MH — 69.0%
- Agency Provider Contracts AOD — 20.6%
- Salaries, Benefits & Taxes — 4.7%
- Building Management SAMAD — 2.1%
- Operating Expenses — 1.3%
- Council of Gov'ts/SHARES — 0.9%
- Auditor & Treasurer Fees — 0.7%
- Capital Expenditures — 0.6%

## MH Services



- Residential Treatment & Housing — 25%
- Community Psychiatric Supportive Treatment — 23%
- Assessment/Evaluations — 7%
- Employment & Vocational — 7%
- Crisis Intervention — 6%
- Prevention & Education — 6%
- Care Coordination — 4%
- Consumer Operated & Peer Support — 3%
- Counseling — 3%
- Pharmacological Management — 3%
- Partial Hospitalization — 1%
- Other Mental Health — 13%

## AOD Services



- Residential Treatment — 37%
- Counseling — 13%
- Prevention — 11%
- Sub-Acute & Ambulatory Detox — 7%
- Community Services — 6%
- Assessment — 3%
- Intensive Outpatient — 3%
- Medication Assisted Treatment — 3%
- Case Management — 2%
- Lab Services — 2%
- Recovery & Peer Supports — 1%
- Other AOD Services — 12%

# Provider Agencies

Addiction Services Council	Hamilton County Sheriff's Dept.
Beech Acres Parenting Center	IKRON Corporation
Camelot Community Care	Keystone Richland Center, dba, Foundations for Living
Center for Addiction Treatment	Lighthouse Youth Services
Central Clinic - MHAP	Mental Health America of Northern Kentucky & Southwest Ohio
Central Clinic – Outpatient Services	Pressley Ridge
Central Community Health Board	Prevention First!
Cincinnati Children's Hospital Medical Center	Prospect House
Cincinnati Union Bethel	Recovery Center of Hamilton County
Cornell Abraxas Group	Salvation Army
Excel Development Corp.	Shelterhouse Volunteer Group
First Step Home	St. Aloysius Orphanage
Free Store/Food Bank	St. Joseph Orphanage
Glad House	Sojourner Recovery Services
Greater Cincinnati Behavioral Health Services	Talbert House
Hamilton County Adult Probation	Tender Mercies
Hamilton County Juvenile Court	The Crossroads Center
Hamilton County Dept. of Pre-Trial & Community Transitions Services	UMADAOP



HAMILTON COUNTY

**Mental Health &  
Recovery Services Board**