

FACING THE FUTURE
TOGETHER

2020 ANNUAL REPORT



HAMILTON COUNTY
**Mental Health &
Recovery Services Board**

In January of 2020, the World Health Organization declared an outbreak of coronavirus, a “Public Health Emergency of International Concern.” By March 2020, the outbreak was declared a pandemic, causing global social and economic disruption. As a result, people continue to experience intense levels of fatigue, stress, anxiety, depression, and loss, which has taken a toll on their mental health and substance use.



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FACING THE FUTURE — TOGETHER



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In an effort to reduce the transmission of the coronavirus, the Ohio Department of Health issued a temporary “Stay at Home Order.” Unfortunately, this order came at a time when people were most in need of social supports. The order directed that “all persons stay at home unless engaged in essential work or activity,” which precluded most clients from accessing their behavioral health treatment and supports. Thus, the need emerged for virtual behavioral healthcare, a safe way for children, adults, and families to continue to access behavioral health treatment services and supports. Virtual behavioral healthcare refers to using telecommunication, such as telephone calls, real-time interactive video conferencing, text messages, and electronic mail, to help children, adults, and families access needed prevention, treatment, and peer support services. Working together to serve our clients, the Hamilton County Mental Health and Recovery Services Board (HCMHRSB), legislators, funding authorities, and local governments began revising guidelines, amending statutes, and supplying funding so that virtual behavioral healthcare could become a reality.

The Hamilton County Mental Health and Recovery Services Board was able to assist providers in their move to virtual behavioral healthcare by obtaining more than \$2.6M in CARES Act funding so providers could purchase laptops, tablets, phone cards, and other materials that would enable them to safely deliver behavioral health services to children, adults, and families within their own communities and homes. HCMHRSB was also able to access and distribute personal protective equipment for providers through funds provided by the Hamilton County Board of County Commissioners. This enabled providers to continue to provide essential residential treatment and other necessary in person care.

As the opiate epidemic and addiction surged during the pandemic, HCMHRSB and providers continued to address community needs for prevention, engagement, access to treatment, and recovery supports using more than \$4M in State Opiate Response (SOR) grant funds.

HCMHRSB has also applied for SOR 2.0 grant funds to build upon the Recovery Oriented System of Care to support prevention, outreach, crisis stabilization, withdrawal management, treatment (both outpatient and residential), recovery housing, and peer support at all levels.

Additionally, HCMHRSB received a total of \$491,637 in two phases for the Immediate Services Program, a FEMA grant that provides short-term disaster relief for states after a presidential disaster declaration. This grant funding supports community outreach, counseling, and other mental health services to survivors of natural or human-caused disasters. This grant funding was awarded to Talbert House’s 24-hour crisis line 281-CARE for services to meet the immediate needs of the community as a result of the COVID-19 Pandemic, and to Talbert House, Ikron, Central Clinic MHAP, and Addiction Services RHAC, to provide information and referral, community networking and support, education, and non-clinical assessment. A portion of funds will be used for a marketing campaign to inform the public of the available resources and how to access them through the pandemic.

Despite the fact that the stay-at-home order closed schools, libraries and other public spaces, HCMHRSB was able to plan and implement a \$1,073,147 grant for Prevention Education services to be delivered to K-12 students in Hamilton County School Districts and Community Schools. The one-time grant is being used to provide evidence-based prevention programming that helps children build resiliency in coping with life stressors, which in turn reduces the likelihood of developing substance use disorders, mental illness, and other related illnesses. HCMHRSB contract agencies will provide prevention strategies such as Second Step, MindPeace Calming Spaces, Too Good for Drugs and Violence, Adapting for Life, PAX Good Behavior Game, and other prevention education to reach 25,514 youth as well as 2,073 school personnel in eleven school districts.

2020
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When the stay-at-home order was implemented in March, the JOURNEY to Successful Living team, and the Independence City planning committee were in the midst of planning the face-to-face Independence City experience. The team had to quickly pivot into the virtual world and decided to do a virtual version of Independence City. The young people were given kits with five life skill challenges with instructional videos to watch on a private Facebook page. The youth were then asked to upload a check sheet with noted tasks completed and or a photo. The JOURNEY team put together care packages that included (food items, plastic gloves, face masks and hand sanitizer) that were delivered to JOURNEY providers for distribution to the youth. JOURNEY also regularly provided important youth-appropriate information and informational websites regarding COVID prevention, and location information for free COVID-19 testing sites.

Also, in 2020, HCMHRBSB was awarded its fifth consecutive SAMHSA Drug Court Grant of \$1.94M over the next five years beginning July 30, 2020. This grant will expand and enhance screening for individuals with trauma and mental health disorders with connection to treatment, provide medication assisted treatment for clients who may not have resources, and provide an expanded set of employment services for Drug Court clients.

HCMHRBSB also received \$300,000 in funding for the Community Transition Program (CTP) that provides immediate assistance to individuals with Severe Mental Illness and/or Alcohol and Drug Use who are released from prison. The goal of the CTP program is to provide for the emergency/basic needs of individuals within this population to support their transition back into the community. Individuals receive assistance with food, clothing, ID, transportation, emergency and/or temporary housing etc. Hamilton County continues to have success with this program that involves six of our providers; Talbert House, Addiction Services-RHAC, Central Clinic-MHAP, UMADAOP, CCHB/Harbor, and Greater Cincinnati Behavioral Health Services.

HCMHRBSB was also able to utilize \$80,831 from a SAMHSA Emergency COVID-19 Grant that was provided to the State of Ohio to immediately provide crisis intervention services to both children and adults who have been impacted by the COVID-19 pandemic. HCMHRBSB allocated \$80,831 in funds to CCHB/Harbor to be used for Crisis Stabilization, an acute inpatient, crisis intervention unit and to the Mobile Crisis Team to provide crisis support utilizing their 24/7 phone number. This grant primarily targets individuals with Severe Mental Illness and/or Drug and Alcohol Use but can also aid individuals that work in the healthcare industry facing mental health struggles as well as individuals with less severe mental health disorders who have been impacted by the COVID-19 Pandemic.

The long-term impact of the COVID-19 pandemic on behavioral health may not be known for some time. However, as a critical function of the HCMHRBSB we will continuously evaluate the effectiveness of the many services provided through our behavioral healthcare network. Collection and analysis of outcomes data allows this to be achieved and informs us on the relative importance of the factors that best serve to propel individuals toward recovery. HCMHRBSB's partnership with providers in the use of consistent measures and methods make this possible. These important analyses continuously educate us as a treatment community on the aspects of individuals' treatment plans that serve them best in the challenges they face. This same data provides us with tangible evidence that those who experience mental illness and addiction, and receive appropriate care, go on to lead productive, satisfactory lives characterized by hope, empowerment, and a meaningful role in society.

Facing the future together with the valued support of Board members, clients, volunteers, employees, and citizens of Hamilton County we can continue to meet our commitment of providing a continuum of mental health, addiction, prevention, and supportive services that have a positive impact on the community, are accessible, results oriented, and responsive to individual and family needs.



Regina Moore



Mary Oden, PhD



Gary E. Powell



Jonathan L. Steinberg, PhD

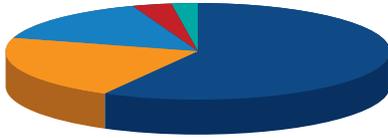


Christine Wilder, MD



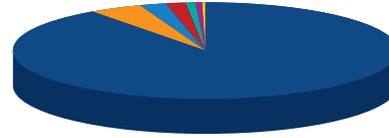
Ashlee Young

Total Revenue — \$59,906,702



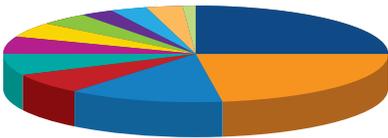
- Mental Health Levy — 58.1%
- All Other AOD Revenue — 21.5%
- All Other MH Revenue — 14.9%
- HHIC AOD Services Levy — 3.3%
- Family Services & Treatment AOD Services Levy — 2.2%

Total Expenditures — \$61,837,331



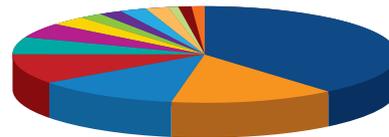
- Agency Provider Contracts — 90.0%
- Salaries, Benefits & Taxes — 4.6%
- Building Management SAMAD — 2.2%
- Council of Gov'ts/SHARES — 1.5%
- Operating Expenses — .8%
- Auditor & Treasurer Fees — 0.7%
- Capital Expenditures — 0.1%

MH Services



- Residential Treatment & Housing — 25%
- Community Psychiatric Supportive Treatment — 23%
- Other Mental Health — 13%
- Assessment/Evaluations — 7%
- Employment & Vocational — 7%
- Crisis Intervention — 6%
- Prevention & Education — 5%
- Care Coordination — 4%
- Consumer Operated & Peer Support — 3%
- Counseling — 3%
- Pharmacological Management — 3%
- Partial Hospitalization — 1%

AOD Services



- Residential Treatment — 39%
- Other Services — 14%
- Counseling — 12%
- Prevention — 10%
- Detoxification — 6%
- Community Services — 5%
- Assessment — 3%
- Case Management — 2%
- Dip Screens/Lab Urinalysis — 2%
- Intensive Outpatient — 2%
- Peer Services — 2%
- Medical/Somatic, Buprenorphine/Vivitrol — 1%
- Methadone Administrations — 1%
- Recovery Supports — 1%

Provider Agencies

Addiction Services Council	Hamilton County Sheriff's Department
Beech Acres Parenting Center	IKRON Corporation
Camelot Community Care	Keystone Richland Center, dba, Foundations for Living
Center for Addiction Treatment	Lighthouse Youth Services
Central Clinic - MHAP	Mental Health America of Northern Kentucky & Southwest Ohio
Central Clinic – Outpatient Services	Pressley Ridge
Central Community Health Board	Prevention First!
Children's Home of Cincinnati	Prospect House
Cincinnati Children's Hospital Medical Center	Recovery Center of Hamilton County
Cincinnati Union Bethel	Salvation Army
Cornell Abraxas Group	Shelterhouse Volunteer Group
Excel Development Corp.	St. Aloysius Orphanage
First Step Home	St. Joseph Orphanage
Free Store/Food Bank	Sojourner Recovery Services
Glad House	Talbert House
Greater Cincinnati Behavioral Health Services	Tender Mercies
Hamilton County Adult Probation	The Crossroads Center
Hamilton County Department of Pre-Trial & Community Transitions Services	UMADAOP
Hamilton County Juvenile Court	



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