

HAMILTON COUNTY



**Mental Health &  
Recovery Services Board**

# RESOURCE GUIDE



HAMILTON COUNTY

# Mental Health & Recovery Services Board

## Resource Guide

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*Be advised that the contents of this resource guide are subject to change.  
This document may not encompass the entirety of available resources and is  
intended as a guiding reference rather than an exhaustive compilation.*

*This QR Code will provide the up-to-date version.*



Hamilton County Mental Health and Recovery Services Board (MHRSB) provides leadership in public behavioral health care as the authority charged under ORC §340 with planning, funding, managing, and evaluating behavioral health care in Hamilton County. MHRSB is statutorily prohibited from providing direct care to clients and instead contracts with numerous non-profit agencies to provide direct care in a community based setting.

**The mission** of the Hamilton County Mental Health and Recovery Services Board (MHRSB) is to develop and manage a continuum of mental health, addiction, and prevention services that have a positive impact on the community, are accessible, results oriented, and responsive to individual and family needs.

**MHRSB Primary Goals:**

- Provide a System of Care with a wide array of Evidence Based Treatment Services that ensures a high quality of care for Hamilton County residents and promotes recovery and a favorable quality of life
- Promote prevention and education efforts that reduce the impact of mental illness and addiction in the community
- Ensure individuals with behavioral health needs are treated in an environment that best meets their needs
- Ensure financial viability of the MHRSB and its service delivery system through efficient, accountable, and responsible financial management

Recovery means something different to everyone. For some, it is a newfound ability to cope with a lifelong mental illness. For others, it means freedom from a debilitating addiction. Our objective is for every client to lead a productive, satisfactory life characterized by hope, empowerment, and a meaningful role in society.

**Clients**

MHRSB serves over 30,500 mental health and addiction clients on an annual basis

**Stakeholders**

- Clients and Their Families
- Taxpayers
- Behavioral Health Providers
- Board Members
- Elected Officials

**Partners**

- Addiction Response Coalition
- Adult Protective System
- Children’s Protective System
- City of Cincinnati
- Court Systems
- Hamilton County
- Law Enforcement/Corrections
- School Systems

Getting Services

Access to Services

- Central Connection** ..... **513-558-8888**  
Centralized behavioral health system access point connecting customers with the appropriate service provider(s). Information/Referral Available 24/7/365
- Emergency Shelter**  
**Shelterhouse** — Adult males ..... **513-721-0643**  
**Shelterhouse** — Adult females ..... **513-562-1980**
- Engagement Center** ..... **513-338-8738**  
A triage unit for individuals struggling with opiate addiction and those who have experienced an opioid overdose.
- Hamilton County Probate Court** ..... **513-946-3591**  
Civil probate court assisting provider community and families in obtaining inpatient care.
- Safe Shelter for Youth**  
**Mecum House** — Homeless youth aged 10 -17 ..... **513-961-4080**  
**Sheakley Center for Youth** — Young adults aged 18 - 24 ..... **513-569-9500**

Telephone Support

- Consumer Warmline** ..... **513-931-WARM**  
Call-in service for existing consumers.
- Mental Health Hotline** ..... **513-281-CARE**  
24-hour telephone support services, specializing in suicide prevention, crisis situations, and family violence.
- Drug & Poison Information Center (DPIC)** ..... **513-636-5111**  
24-hour hotline providing crisis intervention, education, and information.

Consumer-Driven Services

- Mighty Vine Wellness Club** ..... **513-241-9355**  
Consumer-operated, readily accessible and affordable exercise and wellness activities fostering emotional support and understanding for mental health consumers.
- Queen City Clubhouse** ..... **513-354-7526**  
A supportive community focused on helping people improve life balance and life satisfaction.
- Recovery Center of Hamilton County** ..... **513-241-1411**  
Consumer-operated services providing social support and learning opportunities to adults in Hamilton County with severe mental illness working toward full integration into the community.

Emergency Numbers

- 988 Suicide and Crisis Lifeline**
- 281-CARE Crisis Hotline**
- 911 Police or Fire Department Assistance**
- After Hours Individualized Mobile Engagement (AIM Team)**  
**8 PM - 8 AM** ..... **513-620-RING (7464)**
- Best Point Pediatric MH Urgent Care**  
**Mon - Fri 3 - 10 PM** ..... **513-527-3040**
- Cincinnati Childrens Psychiatric Intake (PIRC)** ..... **513-636-4124**
- Psychiatric Emergency Services (PES)** ..... **513-584-8577**
- Youth & Adult Mobile Crisis** ..... **513-584-5098**
- Crisis Text Lines**  
— Adult text TALBERT to 839863  
— Youth text 4HOPE to 839863

## Local Resources

<b>Alcoholics Anonymous, Cincinnati</b> .....	<b>513-351-0422</b>
aacincinnati.org	
<b>GeneroCity 513 Outreach Hotline</b> .....	<b>513-498-6192</b>
<b>Housing Crisis Central Access Point</b> .....	<b>513-381-7233</b>
<b>Journey to Successful Living</b> .....	<b>513-946-8600</b>
<b>MindPeace</b> .....	<b>513-803-0844</b>
mindpeacecincinnati.com	
<b>National Alliance on Mental Illness (NAMI Hamilton County)</b>	<b>513-351-3500</b>
namiswoh.org	
<b>NAMI Urban Gr. Cincinnati</b> .....	<b>513-238-7788</b>
<b>Narcotics Anonymous, Cincinnati</b> .....	<b>513-820-2947</b>
<b>OhioMHAS State Crisis Text Line</b> .....	<b>Text 4HOPE to 741741</b>
<b>Self Management &amp; Recovery Training (SMART Recovery)</b>	
smartrecovery.org	
<b>Women For Sobriety</b> .....	<b>513-489-7141</b>
womenforsobriety.org	

## National Resources

<b>Alcoholics Anonymous, National</b> .....	<b>855-222-5542</b>
aa.org	
<b>Faces and Voices of Recovery</b> .....	<b>513-921-1613</b>
<b>Gamblers Anonymous</b> .....	<b>888-746-4942</b>
gamblersanonymous.org	
<b>Gambling Helpline</b> .....	<b>1-800-522-4700</b>
<b>LifeRing Secular Recovery, National</b>	lifering.org
<b>Mental Health America (MHA)</b>	<b>800-969-6642</b>
1001 W. Main Street, Suite E, Lebanon OH 45036	
mhnational.org	
<b>Narcotics Anonymous, National</b>	na.org
<b>National Alliance on Mental Illness (NAMI)</b> .....	<b>800-950-6264</b>
mhnational.org	
<b>National Institute on Alcohol Abuse &amp; Alcoholism</b> ..	<b>301-433-3860</b>
5635 Fishers Lane, MSC 9304, Bethesda MD 20892-9304	
niaaa.nih.gov	
<b>National Institute on Drug Abuse</b> .....	<b>301-443-1124</b>
nida.nih.gov	
<b>National Suicide Prevention Lifeline</b> .....	<b>1-800-273-5255</b>
<b>Network of Care, Ohio</b>	ohio.networkofcare.org
<b>Substance Abuse &amp; Mental Health Services Administration</b>	
samhsa.gov	
Center for Mental Health Services	240-276-1310
Center for Substance Abuse Prevention	240-276-2420
Center for Substance Abuse Treatment	240-276-1660
<b>Veteran's Crisis Line</b> .....	<b>Dial 988 then press 1</b>

## Substance Use Disorder Services Provider Agencies

People are often uncomfortable talking about alcohol and drug dependencies because there are many elements of the disease which are misunderstood. Accurate, up-to-date, scientific information is the beginning of treating people with addictive disease with dignity and respect and stopping stigma.

Drug addiction is  
a character flaw,  
right?

No, drug addiction  
is a brain disease.

Every drug,  
from alcohol to  
heroin, has its own  
mechanism of  
changing how the  
brain functions.

For individuals  
with a substance  
use disorder,  
the drug becomes  
the single most  
powerful motivator  
in their life.

### Addiction Services Council

**513-281-7880** [addictionservicescouncil.org](http://addictionservicescouncil.org)  
2828 Vernon Place, Cincinnati OH 45219

#### Children & Adults

##### ▪ AIM Team

- Assessment
- Case Management
- Consultation
- Crisis Intervention
- Environmental
- Individual and Group Counseling
- Laboratory Urinalysis/Urine Drug Screen
- Outreach/Quick Response Team (QRT)
- Peer Support
- Prevention Alternatives
- Prevention Community Based Process
- Prevention Education
- Prevention Information Dissemination
- Problem Gambling — Treatment & Prevention
- Psychotherapy w/Crisis
- Referral & Information

### Camelot Community Care

**513-961-5900** [camelotcommunitycare.org](http://camelotcommunitycare.org)  
7162 Reading Road, Suite 300, Cincinnati OH 45237

#### Children

- Assessment
- Case Management
- Individual and Group Counseling
- Medical Somatic

### Center for Addiction Treatment (CAT)

**513-381-6672** [catsober.org](http://catsober.org)  
830 Ezzard Charles Drive, Cincinnati OH 45214

#### Adults

- Assessment
- Case Management
- Individual & Group Counseling
- Intensive Outpatient
- Medical Somatic
- Medication Assisted Treatment
- Non-Medical Community Residential Treatment
- Outreach
- Peer Support
- Problem Gambling — Treatment
- Psychotherapy w/Crisis
- Room & Board
- Sub-Acute Detoxification
- Urine Drug Screen

### Central Clinic MHAP — Outpatient Services

**513-558-5801** [centralclinic.org](http://centralclinic.org)  
311 Albert Sabin Way, Cincinnati OH 45229

#### Adults

- Assessment
- Case Management
- Individual and Group Counseling
- Medical Somatic
- Problem Gambling — Treatment
- Psychotherapy — Individual & Group

### Central Clinic — MHAP

**513-558-8888** [mentalhealthaccesspoint.org](http://mentalhealthaccesspoint.org)

311 Albert Sabin Way  
Cincinnati OH 45229-2801

#### **Adults**

- Assessment
- Case Management
- *Central Connection*
- Consultation
- Referral & Information

### The Crossroads Center

**513-475-5300** [thecrossroadscenter.org](http://thecrossroadscenter.org)

311 Martin Luther King Drive East  
Cincinnati OH 45219

#### **Children & Adults**

- Assessment
- Case Management
- Crisis Intervention
- Individual, Group, and Family Counseling
- Intensive Outpatient
- Laboratory Urinalysis / Urine Drug Screen
- Medical Somatic
- Medication Assisted Treatment
- Methadone Administration
- Non-Medical Community Residential Treatment
- Outreach
- Peer Support
- Prevention Alternatives
- Prevention Community Based Process
- Prevention Education
- Prevention Environmental
- Prevention Information Dissemination
- Prevention Problem Identification & Referral
- Problem Gambling — Treatment & Prevention
- Referral & Information
- Room & Board
- Smoking Cessation

### Drug & Poison Information Center at Cincinnati Children's Hospital Medical Center (DPIC)

**513-636-5111**

[cincinnatichildrens.org/service/d/dpic](http://cincinnatichildrens.org/service/d/dpic)

3333 Burnet Avenue, ML 9004

Cincinnati OH 45229-3039

#### **Children & Adults**

- *Drug & Poison Information Center*
- Prevention Community Based Process
- Prevention Education
- Prevention Information Dissemination

### First Step Home

**513-961-4663** [firststephome.org](http://firststephome.org)

2203 Fulton Avenue, Cincinnati OH 45206

#### **Adults**

- Assessment
- Case Management
- Crisis Intervention
- Individual and Group Counseling
- Intensive Outpatient
- Laboratory Urinalysis
- Medication Assisted Treatment
- Non-Medical Community Residential Treatment
- Peer Support
- Problem Gambling — Treatment
- Psychotherapy w/Crisis
- Recovery Housing
- Recovery Supports
- Room & Board

## Substance Use Disorder Services Provider Agencies (continued)

### MYTH

People don't need treatment. They can stop using drugs if they really want to.

### FACT

It is extremely difficult for people addicted to drugs to achieve and maintain long-term abstinence.

Research shows that long term drug use changes a person's brain function, and increases drug cravings making it more difficult for people to quit without treatment.

#### **GLAD House, Inc.**

**513-641-5530**

[gladhouse.org](http://gladhouse.org)

1994 Madison Road, Cincinnati OH 45208

##### **Children**

- *Prevention Alternatives*
- *Prevention Education*

#### **Greater Cincinnati Behavioral Health Services (GCBHS)**

**513-354-5200**

[gcbhs.com](http://gcbhs.com)

1501 Madison Road, 2nd Floor, Cincinnati OH 45206

##### **Adults**

- *Assessment*
- *Case Management*
- *Individual & Group Outpatient Counseling*
- *Intensive Outpatient*
- *Medication Assisted Treatment*
- *Peer Support*
- *Recovery Supports*
- *SUD Outreach*

#### **HC Drug Treatment & Recovery Court**

**513-946-5770**

[hamiltoncountycourts.org](http://hamiltoncountycourts.org)

1000 Main Street, Cincinnati OH 45202

##### **Adults**

- *Specialized Docket Services*

#### **PreventionFIRST!**

**513-751-8000**

[prevention-first.org](http://prevention-first.org)

2100 Sherman Avenue, Suite 102

Cincinnati OH 45212

##### **Children & Adults**

- *Prevention Community Based Process*
- *Prevention Information Dissemination*
- *Problem Gambling — Prevention*

#### **Prospect House, Inc.**

**513-921-1613**

[theprospecthouse.org](http://theprospecthouse.org)

682 Hawthorne Avenue, Cincinnati OH 45205

##### **Adults**

- *Individual, Group and Family Counseling*
- *Non-Medical Residential Community Treatment — long term, abstinence based*
- *Peer Support*
- *Problem Gambling — Treatment*
- *Recovery Housing*

#### **Shelterhouse (dba, Drop Inn Center)**

**513-721-0643**

[shelterhousecincy.org](http://shelterhousecincy.org)

411 Gest Street, Suite 1, Cincinnati, OH 45203

##### **Adults**

- *Emergency Shelter*
- *Community Outreach*

#### **Sunstone Life**

**513-991-1100**

[sunstonelife.com](http://sunstonelife.com)

8420 Cottonwood, Suite H, Cincinnati OH 45231

##### **Adults**

- *Recovery Housing*
- *Recovery Supports*

Scan the QR code and follow the link  
for the most recent digital version of the  
Resource Guide



**Talbert House, Inc.**

**513-751-7747**

[talberthouse.org](http://talberthouse.org)

2600 Victory Parkway, Cincinnati OH 45206

**Children & Adults**

- Assessment
- Case Management
- Crisis Intervention
- **Engagement Center**
- Individual, Group and Family Counseling
- Intensive Outpatient
- Laboratory Urinalysis / Urine Drug Screen
- Medical Somatic
- Medication Assisted Treatment
- Methadone Administration
- Non-Medical Community Residential Treatment
- Peer Support
- Prevention Alternatives
- Prevention Community Based Process
- Prevention Education
- Prevention Information Dissemination
- Prevention Problem Identification and Referral
- Problem Gambling — Treatment & Prevention
- Psychotherapy with Crisis
- Recovery Housing
- Recovery Supports
- Room & Board

**Urban Minority Alcoholism & Drug Abuse  
Outreach Program of Cincinnati, Inc.**

**513-541-7099**

[cincymadaop.org](http://cincymadaop.org)

199 William Howard Taft, Cincinnati OH 45219

**Children & Adults**

- Assessment
- Case Management
- Crisis Intervention
- Individual & Group Counseling
- Intensive Outpatient
- Laboratory Urinalysis / Urine Drug Screen
- Medical Somatic
- Medication Assisted Treatment
- Peer Support
- Prevention Alternatives
- Prevention Community Based Process
- Prevention Education
- Prevention Environmental
- Prevention Information Dissemination
- Prevention Problem Identification & Referral
- Problem Gambling — Treatment & Prevention
- Psychotherapy w/Crisis

# Substance Use Disorder Service Descriptions

Don't people have to hit rock-bottom before they seek treatment?

Absolutely not. People enter treatment for many reasons — pressure from family and employers, as well as realizing they have a problem. There are many reasons people seek treatment. Parents and school administrators are often able to get teens into treatment before situations become dire.

**Assessment** begins with a face-to-face interview with a registered client so that reasonably full understanding of the nature of the abuse, misuse and/or addiction to alcohol and/or other drugs (AOD) can be gained in order that appropriate treatment can be recommended. With child clients, the interaction may also include face-to-face contact with family members (parents, guardians, foster parents) and/or essential others external to the agency. The child client does not need to be present.

**Case Management** services are those activities provided to assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs. Case management services may include interactions with family members, other individuals or entities.

**Consultation** is cross-system or within-system collaboration on behalf of an individual to assist in accessing alcohol and other drug services. This process may include family members or other significant persons.

**Crisis Intervention (Psychotherapy w/Crisis)** services involve a face-to-face response to a crisis or emergency situation experienced by a client, family member and/or significant other. Crisis intervention services can be provided at a program site or in the client's natural environment. The goal of crisis intervention services is to provide or assist the person(s) in obtaining those services necessary to stabilize the crisis situation.

**Family Counseling** involves sessions with individuals and their family members and/or significant others under the guidance of a counselor to address family and relationship issues related to Substance Use Disorder (SUD) abuse and/or dependence for the purpose of promoting recovery from addiction. Family counseling services can be provided at or in the natural environment of the client.

**Group Counseling** services assist two or more individuals in achieving treatment objectives. This occurs through the exploration of alcohol and other drug problems and/or addiction and their ramifications, including an examination of attitudes and feelings, consideration of alternative solutions and decision making and/or discussing information related to alcohol and other drug related problems.

**Hotline** services are part of an integrated, comprehensive system of alcohol and drug addiction services for the purpose of short-term intervention and crisis management. These are recipient-initiated discussions, generally anonymous, and telephone calls on the part of the agency as follow-up to these discussions for crisis assistance and/or assistance with problems of daily living. The recipient may or may not be or become a client of the agency. The service is available twenty-four hours per day, seven days per week.

**Individual Counseling** involves a face-to-face encounter between a client or client and family member and a counselor. Individual counseling means the utilization of special skills to assist an individual in achieving treatment objectives through the exploration of alcohol and other drug problems and/or addiction and their ramifications, including an examination of attitudes and feelings, consideration of alternative solutions and decision making and/or discussing educational materials with regard to alcohol and other drug related problems. Individual counseling services can be provided at a program site or in the client's natural environment.

**Intensive Outpatient** services are structured individual and group alcohol and drug addiction activities and services that are provided at a certified treatment program site. Intensive outpatient services shall include, but are not limited to, the following: assessment, individual counseling, group counseling, crisis intervention and case management.

**Laboratory Urinalysis/Urine Dip Screen** is the testing of an individual's urine specimen to detect the presence of alcohol and other drugs. Urinalysis includes laboratory testing and/or urine dip screen.

**Medication Assisted Treatment (MAT)** is the use of pharmacological medications in combination with counseling and behavioral therapies to provide a "whole patient" approach to treatment of substance use disorders.

**Medical Somatic** services are medical services, medication administration services and the dispensing of medications in an alcohol and other drug treatment program. Medical somatic services shall be delivered at a program site certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS).

**Methadone Administration** (opioid agonist administration) is defined as the administration or dispensing of an opioid agonist to an individual only for the treatment of narcotic addiction by an alcohol and other drug treatment program licensed OhioMHAS. The opioid agonist treatment service (methadone) is a safe and effective treatment for opiate addiction.

**Non-Medical Community Residential Treatment** provides a twenty-four-hour rehabilitation facility, may include twenty-four-hour-per-day medical/nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction occurs.

**Outreach** is provided to persons who are not enrolled as consumers in the SUD System. These persons may be in need of treatment, but not yet connected with the system. Outreach Services are designed to identify and begin to engage those persons.

**Peer Support Services** are delivered to consumers by persons with similar SUD issues and are intended to provide consumers with information and support from those who have had similar life experiences.

**Prevention Alternatives** is a prevention strategy that focuses on providing opportunities for positive behavior support as a means of reducing risk taking behavior, and reinforcing protective factors. Alternatives programs include a wide range of social, recreational, cultural and community service/volunteer activities that appeal to youth and adults.

**Prevention Community Based Process** is a prevention strategy that focuses on enhancing the ability of the community to provide prevention services through organizing, training, planning, interagency collaboration, coalition building and/or networking.

**Prevention Education** is a prevention strategy that focuses on the delivery of services to target audiences with the intent of affecting knowledge, attitude and/or behavior. Education involves two-way communication between educator/facilitator and participant.

## Substance Use Disorder Service Descriptions

### MYTH

Treatment for addiction should be a one-time deal.

### FACT

Drug addiction, like many other diseases, is a chronic disorder.

Some people can quit by themselves or can stop after one treatment but most people require longer and repeated treatments.

**Prevention Environmental** is a prevention strategy that represents a broad range of activities geared toward modifying systems in order to mainstream prevention through policy and law. The environmental strategy establishes or changes written and unwritten community standards, codes and attitudes, thereby influencing the incidence and prevalence of alcohol and other drug use/abuse in the general population.

**Prevention Information Dissemination** is a prevention strategy that focuses on building awareness and knowledge of the nature and extent of alcohol and other drug use, abuse and addiction and the effects on individuals, families and communities, as well as the dissemination of information about prevention, treatment and recovery support services, programs and resources. This strategy is characterized by one-way communication from source to audience, with limited contact between the two.

**Prevention Problem Identification & Referral** is a prevention strategy that refers to intervention oriented prevention services that primarily target clients to address the earliest indications of a problem. Services focus on preventing the progression of the problem.

**Recovery Housing** is characterized as a safe and healthy living environment that promotes abstinence from alcohol and other drugs and enhances participation and retention in traditional clinical treatment.

**Recovery Supports** are services and supports that help people develop resiliency and recovery from mental and/or substance use disorders. Those services may include transportation, housing and vocational services.

**Referral and Information** provides the public with assistance in understanding the alcohol and drug addiction system as it relates to care and assistance in accessing appropriate programs of service.

**Room & Board** is the provision of sleeping and living space, housekeeping, meals, and/or meal preparation, and laundry for a period of twenty-four hours or more. This service is for clients enrolled in treatment for alcohol and/or drug abuse and does not include clinical and therapeutic services.

**Smoking Cessation** is a process of behavioral health treatments for nicotine dependence.

**Supplemental Behavioral Health Services** is an OhioMHAS designation which incorporates a variety of services which are defined by the Mental Health and Recovery Services Board and are certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS). Services in this category include representative payee, screening, education and other supportive behavioral health services.

**Specialized Docket Services** are funded through OhioMHAS to provide a particular session of court that offers a therapeutically oriented approach to providing court supervision and appropriate treatment to individuals.

**Sub Acute Detoxification** refers to detoxification services provided with twenty-four-hour medical monitoring. Services are of brief duration with linkage to other formal services. Sub-acute detoxification may be provided in a hospital setting as a step-down service from acute detoxification, or may be provided in a free-standing setting with medical monitoring. This service is supervised by a physician, under a defined set of policies and procedures, who is licensed by the State of Ohio Medical Board.



## Mental Health Services Provider Agencies

Sometimes people are afraid to talk about mental health because there are many misconceptions about mental illness. Learning the facts is the first step to treating people with mental illnesses with respect and dignity and stopping discrimination.

Mental illnesses  
can't affect me.

Mental illnesses do not  
discriminate — they  
can affect anyone and  
they impact almost every  
family in America.

### IN5

**513-814-3007**

1n5.org

4000 Smith Road, Suite 375, Cincinnati, OH 45209

#### **Children**

- Prevention Education

### **Beech Acres Parenting Center**

**513-231-6630**

beechacres.org

615 Elsinore Place Suite 500, Cincinnati OH 45202

#### **Children**

- BH Counseling & Therapy – Individual & Group
- Community Psychiatric Supportive Treatment – Individual & Group
- MH Assessment Non-physician
- Pharmacologic Management
- Prevention Alternatives
- Prevention Education

### **Best Point Education & Behavioral Health**

**513-272-2800**

bestpoint.org

5050 Madison Road, Cincinnati, OH 45227

#### **Children**

- BH Counseling & Therapy – Individual & Group
- **Pediatric Mental Health Urgent Care**
- Community Psychiatric Supportive Treatment – Individual
- MH Assessment Non-physician
- Partial Hospitalization
- Pharmacologic Management
- Prevention

### **Camelot Community Care**

**513-961-5900**

camelotcommunitycare.org

7162 Reading Road, Suite 300, Cincinnati OH 45237

#### **Children**

- BH Counseling & Therapy – Individual & Group
- Community Psychiatric Supportive Treatment – Individual & Group
- Intensive In-Home Behavioral Management Service
- MH Assessment Non-physician
- Pharmacologic Management

### **Center For Addiction Treatment (CAT)**

**513-381-6672**

catsober.org

830 Ezzard Charles Drive, Cincinnati OH 45214

#### **Adults**

- BH Counseling & Therapy – Individual
- MH Assessment – Non-Physician

### **Central Clinic – Outpatient Services**

**513-558-5801**

centralclinic.org

311 Albert Sabin Way, Cincinnati OH 45229

#### **Children & Adults**

- BH Counseling & Therapy – Individual & Group
- Community Psychiatric Supportive Treatment – Individual
- Consultation
- Forensic Evaluation
- MH Assessment Non-physician
- Mental Health Education
- **Mobile Crisis**
- Pharmacologic Management
- Psychiatric Diagnostic Interview w/Physician
- **Psychiatric Emergency Services**

**Cincinnati Union Bethel (HER Cincinnati)**  
**513-768-6900** [hercincinnati.org](http://hercincinnati.org)  
 2401 Reading Road, Cincinnati OH 45202  
**Adults**  
 ▪ Off - The - Streets

**Central Clinic — MHAP**  
**513-558-8888** [mentalhealthaccesspoint.org](http://mentalhealthaccesspoint.org)  
 311 Albert Sabin Way, Cincinnati OH 45229  
**Children & Adults**  
 ▪ *Central Connection*  
 ▪ *Community Psychiatric Supportive Treatment*  
   – Individual  
 ▪ *Crisis Intervention*  
 ▪ *MH Assessment Non-physician*  
 ▪ *Pharmacologic Management*  
 ▪ *Psychiatric Diagnostic Interview w/Physician*

**The Crossroads Center**  
**513-475-5300** [thecrossroadscenter.org](http://thecrossroadscenter.org)  
 311 Martin Luther King Drive East  
 Cincinnati OH 45219  
**Children & Adults**  
 ▪ *BH Counseling & Therapy – Individual & Group*  
 ▪ *MH Assessment Non-physician*  
 ▪ *MH Residential Care - Comprehensive*  
 ▪ *Pharmacologic Management*  
 ▪ *Psychiatric Diagnostic Interview w/Physician*  
 ▪ *Smoking Cessation*

**Excel Development Corporation, Inc.**  
**513-632-7149** [exceldev.org](http://exceldev.org)  
 2403 Auburn Ave., Cincinnati OH 45219  
**Adults**  
 ▪ *Subsidized Housing*

**Free Store/Food Bank**  
**513-482-4506** [freestorefoodbank.org](http://freestorefoodbank.org)  
 1250 Tennessee Avenue, Cincinnati OH 45229  
**Adults**  
 ▪ *Payee Services*

**First Step Home**  
**513-961-4663** [firststephome.org](http://firststephome.org)  
 2203 Fulton Avenue, Cincinnati OH 45206  
**Children & Families**  
 ▪ *Supportive Services*

**Greater Cincinnati Behavioral Health Services (GCBHS)**  
**513-354-5200** [gcbhs.com](http://gcbhs.com)  
 1501 Madison Road, 2nd Floor, Cincinnati OH 45206  
**Transition-Age Youth & Adults**  
 ▪ *BH Counseling & Therapy – Individual & Group*  
 ▪ *Consumer Operated Service*  
 ▪ *Community Psychiatric Supportive Treatment*  
   – Individual & Group  
 ▪ *Employment Services, Vocational Services*  
 ▪ *MH Assessment Non-physician*  
 ▪ *MH Residential Care — Community Residence*  
 ▪ *Pharmacologic Management*  
 ▪ *Psychiatric Diagnostic Interview w/Physician*  
 ▪ *Residential Support Referral & Information Service*

**Hamilton County Adult Probation**  
**513-946-9600** [hamiltoncountycourts.org](http://hamiltoncountycourts.org)  
 800 Broadway, 4th Floor, Cincinnati OH 45202  
**Adults**  
 ▪ *Monitoring / Support*  
 ▪ *Specialized Docket Services*

**MYTH**

Mental illnesses are the result of a weakness of character.

**FACT**

Mental illnesses are caused by a combination of psychological and social factors. Research shows us that genetic and biological factors are associated with schizophrenia and depression. Social influences, such as the loss of a loved one or a job, can also contribute to the development of various disorders.

**Hamilton County Juvenile Court**

**513-946-9200** [juvenile-court.org](http://juvenile-court.org)  
800 Broadway St.  
Cincinnati OH 45202-1332  
**Children**  
▪ 2020 Youth Center  
▪ Specialized Docket Services

**Hamilton County Pre-Trial**

**513-946-6161** [hamilton-co.org](http://hamilton-co.org)  
1000 Sycamore Street, Room 111  
Cincinnati OH 45202  
**Adults**  
▪ Pretrial Services

**Hamilton County Sheriff's Department  
Corrections Division**

**513-946-6400** [hcsso.org](http://hcsso.org)  
1000 Sycamore Street, Room 120  
Cincinnati OH 45202  
**Adults**  
▪ County Jail Mental Health Services  
▪ Specialized Docket Services

**IKRON**

**513-621-1117** [cincinnati.ikron.org](http://cincinnati.ikron.org)  
2347 Vine Street, Cincinnati OH 45219  
**Children & Adults**  
▪ BH Counseling & Therapy – Individual & Group  
▪ Community Psychiatric Supportive Treatment – Individual & Group  
▪ Consumer Operated Service  
▪ **Consumer Warmline**  
▪ Employment Services, Vocational Services  
▪ MH Assessment Non-physician  
▪ Psychiatric Diagnostic Interview w/Physician

**Lighthouse Youth Services, Inc.**

**513-221-3350** [lys.org](http://lys.org)  
401 E. McMillan Street, Cincinnati OH 45206  
**Children, Transition-Age Youth & Adults**  
▪ BH Counseling & Therapy – Individual & Group  
▪ **Sheakley Center for Youth**  
▪ Community Psychiatric Supportive Treatment – Individual  
▪ MH Assessment Non-Physician  
▪ MH Residential Care — Community Residence  
▪ Pharmacologic Management  
▪ Psychiatric Diagnostic Interview w/Physician  
▪ Residential Support Services

**Mental Health America of No. KY & SW Ohio**

**513-721-2910** [mhankyswoh.org](http://mhankyswoh.org)  
1001 W. Main Street, Suite E, Lebanon OH 45036  
**Children & Adults**  
▪ Law Enforcement Training/MH First Aid  
▪ Peer Support  
▪ Referral and Information Services  
▪ Mental Health Education, Screening & Support Group Clearinghouse

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## **NewPath Child & Family Solutions**

**513-741-3100** [newpath.org](http://newpath.org)

5400 Edalbert Drive, Cincinnati OH 45239-5686

### **Children & Transition-Age Youth**

- *BH Counseling & Therapy – Individual & Group*
- *Community Psychiatric Supportive Treatment – Individual & Group*
- *MH Assessment Non-physician*
- *MH Residential Care - Comprehensive*
- *MH Residential Care - Community Residence*
- *Partial Hospitalization*
- *Pharmacologic Management*
- *Residential Support Services*
- *Social & Recreational*

## **Pressley Ridge**

**513-559-1402** [pressleyridge.org](http://pressleyridge.org)

7162 Reading Road, Suite 900, Cincinnati OH 45237

### **Children**

- *BH Counseling & Therapy – Individual & Group*
- *Community Psychiatric Supportive Treatment – Individual*
- *Intensive In-Home Service*
- *MH Assessment Non-physician*
- *MH Residential Care – Community Residence*
- *Pharmacologic Management*

## **Recovery Center of Hamilton County**

**513-241-1411** [recoverycenterhc.org](http://recoverycenterhc.org)

2340 Auburn Avenue, Cincinnati OH 45219

### **Adults**

- *Consumer Operated*
- *Peer Support*

## **Talbert House, Inc.**

**513-751-7747** [talberthouse.org](http://talberthouse.org)

### **Hotline — 281-CARE**

2600 Victory Parkway, Cincinnati OH 45206

### **Children, Transition-Age Youth, Adults & Geriatrics**

- *BH Counseling & Therapy – Individual & Group*
- *Community Psychiatric Supportive Treatment – Individual & Group*
- *Community Support*
- *MH Assessment Non-physician*
- *MH Education and BH Hotline*
- *MH Residential Care — Community Residence*
- *MH Residential Care — Comprehensive*
- *MH Residential Treatment Facility*
- *MH Temporary Housing*
- *Partial Hospitalization*
- *Pharmacologic Management*
- *Psychiatric Diagnostic Interview w/Physician*
- *Peer Support*
- *Prevention*
- *Residential Support Services*
- *Room & Board*
- *Social & Recreational*

## **Tender Mercies**

**513-721-8666** [tendermerciesinc.org](http://tendermerciesinc.org)

27 West 12th Street, Cincinnati OH 45202

### **Adults**

- *MH Residential Care — Community Residence*
- *Residential Support Services*

Therapy and self-help are wastes of time, aren't they? Can't I just take one of those pills I hear about on TV?

Not so fast — treatment should be determined by your needs and input from therapists, counselors, peers, psychologists and psychiatrists, nurses, and social workers should be part of your recovery plan. Recovery plans often include medications, self-help strategies and take advantage of community supports.

**Behavioral Health (BH) Counseling and Therapy - Group** is a counseling/psychotherapy service provided to a group of participants. This differs from individual counseling/psychotherapy in that the group has predefined goals and objectives.

**BH Counseling and Therapy - Individual** is a series of time-limited, structured sessions with a therapist, where the consumer works toward the accomplishment of mutually agreed upon treatment goals.

**BH Hotline** services are provided for the purpose of short-term intervention and crisis management. The services include generally anonymous recipient-initiated discussions and telephone calls on the part of the agency as follow up to these discussions for crisis assistance and/or assistance with problems of daily living. The service is available twenty-four hours per day, seven days per week.

**BH Urgent Care** services offer a range of support for the parent and child in the time of crisis. The services can include rapid assessment, crisis intervention, and de-escalation, psychoeducation, cognitive behavioral skill-building, care and safety planning. The goal is to help resolve the crisis, reduce stress and make the connection to ongoing support.

### **Community Psychiatric Supportive Treatment (CPST)**

**- Individual and Group** (Previously known as Community Support Program) is a rehabilitation and environmental support system of targeted case management activities that are considered essential in helping persons gain access to necessary services. The goal of community psychiatric supportive treatment is maximum symptom reduction and a return of the person to the best possible functional level. Community support activities may include: development of interpersonal and community coping skills; developing strategies and skills for adapting to home, school or work environments; symptom monitoring and management; financial management; and personal development. CPST is provided both as an individual service and in small groups.

**Community Support** offers activities to adults and children that are specific to sharing lived experiences with others who may be in a similar situation regarding mental, emotional, and behavioral health; or services to support persons experiencing Mental Emotional Behaviors needs in a group setting.

**Consultation Services** address mental health needs in varied community settings (e.g., daycare centers, classrooms, health clinics, etc.) and professionals in these settings identify potential mental health needs of their respective populations.

**Consumer-Operated Services** are those planned, developed, administered, delivered and evaluated by groups and individuals of whom a majority are themselves consumers of mental health services. Services include the Warmline twenty-four hour peer-operated call-in service for consumers who need the support, Wellness Club and the consumer-operated Recovery Center.

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**Employment Services** include job skills training and support on and off the work site during a term of employment. Support services include instruction to the client on the job, monitoring of performance and productivity, support and feedback about job performance, establishing and maintaining on-going communication with the site supervisor and maintaining data on the client's work performance and personal adjustment.

**Forensic Evaluation Services** address mental health and legal issues. These services include, but are not limited to, competency to stand trial, pre-sentence investigations, domestic violence evaluations, evaluation for revocation of parole, and evaluation of the psychological effects of an act upon the victim.

**Information and Referral Services** is an outreach program that provides the public with assistance in understanding the mental health system as it relates to psychiatric care and assists the public in accessing appropriate programs of service.

**Inpatient Hospitalization Services** are provided at psychiatric hospitals or on the psychiatric unit of a community-based hospital. Residence and treatment are provided to consumers with the goal of stabilization and return to the community.

**Intensive In-Home Services** are designed to provide individualized support services responsive to the client's needs at the time of delivery in the client's natural environment (home, school, etc.), preventing the need for treatment outside of the natural environment.

**MH Assessment, Non-physician** (Previously known as Diagnostic Assessment) is a face-to-face interview with a registered client so that reasonably full understanding of the nature of the problem can be gained in order that appropriate treatment can be recommended. Includes communication of diagnostic test results and recommendations in face-to-face session with client present. May include face-to-face contact with client by an appropriately qualified provider during which formalized psychological tests are administered.

**MH Residential Care - Community Residence** refers to private homes or separate apartments licensed by the state as Residential Care Facilities which may be owned/operated by a private provider. These homes/apartments generally house one to five clients who are supervised by the provider/owner. Placement in these facilities is for the purpose of providing transitional support for increased independent living and personal care as assessed need indicates. Therapeutic Foster Care for children is included in this service.

**MH Residential Care – Comprehensive** (includes Crisis/Respite) refers to intensive residential treatment facilities that are designed for short-term stays. They are licensed and fully staffed to provide a range of mental health services that support intensive psychiatric stabilization for clients experiencing acute episodes of emotional difficulty.

### MYTH

Once people develop mental illnesses they will never recover.

### FACT

Studies show that most people with mental illnesses get better and many recover completely.

Recovery refers to the process in which people are able to live, work, learn, and participate fully in their communities.

For some, recovery is the ability to live a fulfilling and productive life. For others, recovery implies the reduction or complete remission of symptoms. Science has shown that having hope plays an integral role in a person's recovery.

**MH Residential Treatment Facility** refers to residential treatment facilities that conduct transitional, congregate programs providing a variety of mental health and other support services. Such services include assistance with basic personal care, management of personal space, training for increased, independent community living, and appropriate integration of the client's treatment plan with residential treatment. All residential treatment facilities are licensed and fully staffed.

**Mental Health Education Services** is an outreach program focused on educating the community about the nature and composition of specific community support programs.

**Mental Health Temporary Housing** is a time-limited, quick-access housing program with a maximum authorized length of occupancy and goals to transition to permanent housing. Meals are generally not included but are arranged elsewhere. Treatment services are not provided. Clients served are homeless or at high risk of becoming homeless.

**Mobile Crisis Team Services** is a mobile service that can intervene in crisis situations anywhere in Hamilton County. The health officers who staff the service are under direct supervision of qualified psychiatrists through telephone contact and can initiate, when indicated, referral of patients to the nearest emergency service for medical or psychiatric evaluation.

**On-Site Emergency — Crisis Intervention Services** apply to Hamilton County residents but may be utilized by residents from other parts of the state and country who are temporarily in Hamilton County when experiencing a psychiatric emergency.

**Supplemental Behavioral Health Services** is an OhioMHAS designation which incorporates a variety of services which are defined by the Mental Health and Recovery Services Board and are certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS). Services in this category include representative payee, screening, education and other supportive behavioral health services. Services provided by the Sheriff's Department, the Probation Department, Juvenile Court and Pre-Trial are included in this category.

**Outreach Services** are provided to persons who are not enrolled as consumers in the mental health system. These persons may be in need of treatment, but not yet connected with the system. Outreach services are designed to identify and begin to engage those persons.

**Partial Hospitalization** refers to a day measured program for adults or children, which addresses the needs of clients with significant behavioral health problems who require a structured goal-oriented program which provides an integrated set of individualized treatment interventions.

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**Payee Services** are provided to consumers who require assistance with managing their SSI/SSDI or other financial benefits. When payee services are established, an assigned payee receives the consumer's benefits and works with the client to develop and maintain a monthly budget. The payee is responsible for ensuring that the consumer's bills are paid in a timely manner.

**Peer Support Services** are delivered to consumers by persons with similar mental health issues and are intended to provide consumers with information and support from those who have had similar life experiences.

**Pharmacologic Management** (Previously known as Medication/ Somatic) is a service conducted for the purpose of prescribing and/or supervising the use of psychotropic medication and other medications that, at times, may also include medical assessment and medical treatments. This service is provided in face-to-face contact between a licensed physician/psychiatrist or a registered nurse and an enrolled client. Pharmacologic Management service includes the responsibility for evaluating the client's progress, adjustment to medication, and need for medication change.

**Prevention Alternatives** is a prevention strategy that focuses on providing opportunities for positive behavior support as a means of reducing risk taking behavior, and reinforcing protective factors. Alternatives programs include a wide range of social, recreational, cultural and community service/volunteer activities that appeal to youth and adults.

**Prevention Community Based Process** is a prevention strategy that focuses on enhancing the ability of the community to provide prevention services through organizing, training, planning, interagency collaboration, coalition building and/or networking.

**Prevention Education** is a prevention strategy that focuses on the delivery of services to target audiences with the intent of affecting knowledge, attitude and/or behavior. Education involves two-way communication between educator/facilitator and participant.

**Prevention Environmental** is a prevention strategy that represents a broad range of activities geared toward modifying systems in order to mainstream prevention through policy and law. The environmental strategy establishes or changes written and unwritten community standards, codes and attitudes, thereby influencing the incidence and prevalence of alcohol and other drug use/abuse in the general population.

**Prevention Information Dissemination** is a prevention strategy that focuses on building awareness and knowledge of the nature and extent of alcohol and other drug use, abuse and addiction and the effects on individuals, families and communities, as well as the dissemination of information about prevention, treatment and recovery support services, programs and resources. This strategy is characterized by one-way communication from source to audience, with limited contact between the two.

Children don't get mental illnesses — that's just bad parenting.

Not so. In any given year, 5-9% of children experience serious emotional disturbances.

As in adult mental illnesses, these are clinically diagnosable health conditions resulting from the interaction of biological, psychological, social, and genetic factors.

**Prevention Problem Identification & Referral** is a prevention strategy that refers to intervention oriented prevention services that primarily target clients to address the earliest indications of a problem. Services focus on preventing the progression of the problem.

**Psychiatric Diagnostic Interview with Physician** (Previously known as Diagnostic Assessment). Provider must be a physician. A face-to-face interview is conducted with a registered client so that reasonably full understanding of the nature of the problem can be gained and appropriate treatment can be recommended. The contact may include completion of clinical forms. The service includes communication of diagnostic test results and recommendations in face-to-face session with client present. With child clients, the interaction may also include face-to-face contacts with family members (parents, guardians, foster parents) and/or essential others external to the agency. The child client does not need to be present.

**Referral and Information Services** provide the public with assistance in understanding the mental health system as it relates to psychiatric care and assistance in accessing appropriate programs of service.

**Residential Support Services** are provided, by associated personnel, to consumers who are in permanent apartments, single room occupancy or permanent shared living arrangements. For example, consumers may share a home or reside in an apartment building where a resident manager also resides. This resident manager provides support and monitors the consumer with a focus on improvement of daily living. Most residential support is provided by off-site personnel but support can be available 24 hours a day, seven days a week.

**Social & Recreational Services** are, whenever possible, provided in facilities that are used for social and recreational purposes by all members of the community. These services promote coordination among similar providers and the community in order to maximize rehabilitation opportunities for consumers.

**Specialized Docket Services** are funded through OhioMHAS to provide a particular session of court that offers a therapeutically oriented approach to providing court supervision and appropriate treatment to individuals. Supportive services may include housing supports and family supports.

**Supportive Services and Resources** address both family dynamics and housing needs for individuals with mental health and/or substance use challenges. Family supports are services to strengthen and stabilize family systems while housing supports are aimed at ensuring individuals have safe, stable, and supportive living environments. These supports enhance recovery and long-term stability by addressing housing security and family relationships, both crucial for behavioral health outcomes.

**Subsidized Housing** differs from community residence in that minimal or no mental health services are coupled with the rental or occupancy. These funds are used largely for housing development, management and subsidy support. This housing is available only to those who are severely mentally ill and are enrolled as consumers of mental health services.

**Vocational Services** assist the consumer with identifying, obtaining, or maintaining employment. This service is focused on the preferences of the consumer and oriented toward career exploration and training for integrated, competitive employment. Vocational services promote the coordination of providers and systems in order to maximize consumers' rehabilitation opportunities.

**State and Federal Revenue**

Ohio Department of Mental Health  
and Addiction Services

**Local Revenue**

Mental Health Levy  
Family Services and Treatment Levy  
Indigent Care Levy



HAMILTON COUNTY  
**Mental Health &  
Recovery Services Board**

Planning, Funding, Managing and  
Evaluating Behavioral Health Care in Hamilton County

**MHRSB Network of Contract Providers**

38 Non-profit agencies  
who deliver non-hospital behavioral health services  
— crisis care, outpatient, residential treatment, and housing —  
to Hamilton County residents

**Client/Receipients of Care**

On an annual basis, over 30,500 Hamilton County residents  
receive care from an MHRSB contract provider



HAMILTON COUNTY

# Mental Health & Recovery Services Board

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**Hamilton County Mental Health & Recovery Services Board**  
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